



## "A Young Man's Odyssey Through Mexico" by John Gernandt

**Principle: The inherent worth and dignity of every person & Value: equity**

### Order Of Service - Aug 11th, 2024

**Prelude:** Allemande from Cello Suite no. 1 by Bach/arr. Kynaston, performed by Amber

**Welcome:** Suzanne Gernandt

**Chalice Lighting** by Kimberlee Anne Tomczak Carlson

We are a People of Memory.  
As inheritors of our ancestors' legacy, we hold their stories tenderly.  
Gleaning wisdom from diverse journeys; united in hope for the future.  
Guide us to trust in love as we kindle this flame together.

**Opening Music:** #305 SLT De Colores, accompanied by Amber

### Silent Meditation

**Presentation:** "Young Man's Odyssey Through Mexico" by John Gernandt

### Discussion

**Offering and Offertory:** "Jimbo's Lullaby" by Debussy, performed by Amber

**Closing Words** by Charlie Chaplin

As I began to love myself  
I found that anguish and emotional suffering  
are only warning signs that I was living against my own truth.  
Today, I know, this is Authenticity.

As I began to love myself  
I understood how much it can offend somebody  
if I try to force my desires on this person, even though I knew  
the time was not right  
and the person was not ready for it,  
and even though this person was me.  
Today I call this Respect.

As I began to love myself  
I stopped craving for a different life, and I could see that  
everything that surrounded me  
was inviting me to grow.  
Today I call this Maturity.

As I began to love myself  
I quit stealing my own time,  
and I stopped designing huge projects  
for the future.  
Today, I only do what brings me joy and happiness,  
things I love to do and that make my heart cheer,  
and I do them in my own way  
and in my own rhythm.  
Today I call this Simplicity.

As I began to love myself  
I freed myself of anything  
that is no good for my health –  
food, people, things, situations,  
and everything that drew me down and away from myself.  
At first I called this attitude a healthy egoism.  
Today I know it is Love of Oneself.

As I began to love myself  
I quit trying to always be right,  
and ever since I was wrong less of the time. Today I  
discovered that is Modesty.

As I began to love myself  
I recognized that my mind can disturb me and it can make me  
sick. But as I connected it  
to my heart, my mind became a valuable ally. Today I call this  
connection Wisdom of the  
Heart.

**Closing Music:** #1021 SLJ Lean On Me, accompanied by Amber

### Announcements

**Joys/Concerns & Welcoming Guests/Visitors**

**Greet Your Neighbor**



## Announcements

**Special Collection Sharing:** Prairie has for a long time been a member of Allied Partners which is a group of churches that support the Allied neighborhood. Allied Partners provides financial and volunteer support to organizations and events in the neighborhood. A main form of support provided by Allied Partners is to maintain a fund which is administered by the Allied Social worker (Joining Forces for Families) to help area residents facing eviction or utility cut offs. That fund is currently exhausted and I am asking Prairie to share today's collection with Allied Partners for its Eviction Prevention Fund. Hope we can be generous. We will resume our regular quarterly collection for Heart Room next Sunday.

### **Retreat Registration Is Open!**

What do s'mores, stargazing, a talent show and keylog service have in common? They are all happening at the Prairie UU Retreat this September 27th-29th at Bethel Horizons in Dodgeville. Registration is open now through Sept 8th. See the Prairie News email for online registration (preferred) or use a paper form available on the hymnal cart.

### **Black History for a New Day Course Signup**

Prairie's board invites five members to attend Nehemiah's acclaimed "Black History for a New Day" course at Fountain of Life Covenant Church, 633 W. Badger Rd., Madison, Sept. 16-Nov. 18, 7-9 p.m., or via Zoom. The five will work together in small group discussion after the lectures each week. "Attending the course with Judy changed how I think about racism and what we can do about it," Prairie President Ken Skog says. The board has approved paying the tuition for five members: first come, first served. To sign up, contact Pam Gates. pml.gts@gmail.com

## Announcements

### **Visitor Orientation - Today**

Curious about Prairie UU Society? Want to meet a few more people? Then come to the Visitor Orientation today after the service. Please meet in the foyer by the welcoming table.

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### **Next Sunday, Aug 18th "Poetry Share" by Prairie**

Bring your original poems or your favorite poems and we'll share (starting with 1 per person and if time additional per person).

**Next Sunday in RE:** RE will meet at Prairie after a month away! Youth will start upstairs and be able to share a poem if wanted. Afterward, we'll experiment with giant bubbles in Prairie's backyard. Older youth will be able to enjoy RPG with Tim indoors.

### **PUUPs - Next Sunday 11:30am-1pm**

PUUPs (Prairie UU Parents' Group) will have a family pizza party downstairs after the service, then adults will meet upstairs for a check in and information about Prairie's upcoming retreat. Childcare volunteers wanted!

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**Spanish Speaker's Potluck: August 15th 5pm** This group is open to all who wish to practice their Spanish. Please bring a food item to share and meet in The Annex.

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**Prairie Guys Group: August 15th 7-8pm** We welcome all interested members and friends for informal discussion in the Meeting house on the 3rd Thursday of every month. For more information please contact Dan Proud at derrproud[at]att.net or Andy Garst at garst.andrew[at]gmail.com

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**Prairie Game Group: August 17th, 1 to 4:30pm.** All ages are invited to play table-top games together. A variety of games are available, For more information or to join the mailing list, please contact Andrea Scott at annadax@yahoo.com