



Prairie Fire

January 23, 2012

In this issue:

- calendar
- programs
- announcements
- President's Corner

The **Prairie Fire** is published by Prairie Unitarian Universalist Society on the 6th and 21st of every month. View past issues at www.uuprairie.org

Contact Us:

President
Barbara Park
barpark@gmail.com
608-273-8775

Director of Religious Education
Rebecca Malke-Eliganti
dre@uuprairie.org
695-3435

Editor/Administrative Assistant
Dan Klock
admin@uuprairie.org
271-8218
Office hours: M – F
10:00 to 1:00

Calendar

Monday, January 23, 2012

6:30 Spanish Speakers Potluck at the home of Ray Nashold.

Sunday, January 29, 2012

8:45 Choir rehearsal

10:00 Service - "What the United States Can Learn About Improving the Status of Women from Other Countries," presented by Dr. Myra Marx Ferree.

11:30 Prairie Book Club meets to discuss *Salt: A World History* by Mark Kurlansky.

Monday, January 30, 2012

7:00 Program Committee meets.

Sunday, February 5, 2012

8:45 Choir rehearsal

10:00 Service - "Striving for Sanity in a Crazy World," presented by Rachel Long, MD.

11:30 Showing of the documentary *Budrus* at Prairie.

Sunday, February 12, 2012

8:45 Choir rehearsal

10:00 Service – Standing on the Side of Love

Monday, February 13, 2012

7:00 Prairie's Board meets

Saturday, February 18, 2012

5:00 Wild Wintering

Sunday, February 19, 2012

8:45 Choir Rehearsal

10:00 Service - "The Story of a Black Family," presented by Pat Watkins.

11:15 Soup Sunday

11:45 **Special Parish Meeting**

Sunday, February 26, 2012

8:45 Choir Rehearsal

10:00 Service - "Inside Humanism Today," presented by Howard Katz.

11:30 Prairie Book Club meets to discuss *Ten Nobodies (and Their Somebodies)* by Prairie's own Marty Drapkin.

11:45 Humanist Union meets starting with a potluck at 11:45, followed by a presentation entitled "Inside Humanism Today – Q&A," by Howard Katz, president of the Humanist Society.

Prairie Web Sites:

Home Page
www.uuprairie.org

News Group
http://groups.yahoo.com/group/prairie_news/

Views
http://groups.yahoo.com/group/prairie_views/

Social Action
<http://socialaction.madisonwi.us>

Humanist Union
<http://humanist.madisonwi.us>

Input Deadlines:

Calendar items, announcements, and program descriptions are due on the 1st and 15th of each month. Please send to Dan Klock at admin@uuprairie.org or call 271-8218.

Upcoming Programs

Sunday, January 29, 2012, 10:00 a.m. "What the United States Can Learn About Improving the Status of Women from Other Countries," presented by Dr. Myra Marx Ferree.

Contrary to many Americans' idea of American exceptionalism, we could learn from some more progressive countries when it comes to the status of women. Professor Myra Marx Ferree, joint governance professor in the Department of Gender and Women's Studies, has done comparative studies on gender politics in other countries and will share her research.

Sunday, February 5, 2012, 10:00 a.m. "Striving for Sanity in a Crazy World," presented by Rachel Long, MD.

With constant news of seemingly insurmountable problems on a global scale, and the high levels of stress and losses in our personal lives, how can we keep our balance? What do we do to not only keep our heads above water, but experience some peace and joy? We have many sources from which to draw ideas - our modern science of psychology, our world's religious and philosophical traditions, and practical approaches found in our wealth of literature on self-improvement. In the second session of her lay ministry on mental health, psychiatrist Rachel Long MD will review some strategies and practices that help us in managing stress and staying off depression and anxiety. She hopes in the discussion period some of us will be willing to share what has helped us become psychologically healthier ourselves.

News and Announcements

Parish Meeting February 19, 2012. After the service and Soup Sunday on February 19, Prairie will hold a Parish Meeting to vote on proposed revisions to the bylaws, whether to change the fiscal year to match the calendar year, and to attend to any other Parish business.

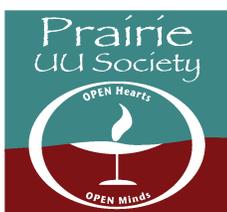
Twelve Steps to a Compassionate Life On Jan. 8, Phyllis Long spoke on Karen Armstrong's book, *12 Steps to a Compassionate Life*. Here are those 12 steps:

Twelve Steps to a Compassionate Life

1. Learn about compassion.
2. Look at your own world.
3. Have compassion for yourself.
4. Develop empathy.
5. Develop mindfulness.
6. Take action.
7. Recognize "how little we know."
8. How should we speak to one another.
9. Have concern for everybody.
10. Develop knowledge.
11. Develop recognition.
12. Love your enemies.

Denominational Affairs

Winter Woman Spirit 2012 This winter's conference, entitled "Heart Pulse: The Sacred Journey into Sound," will be held at the UU Church of Rockford on the weekend of February 4th. The keynote address will be given by Ragani, the kirtan performer from Milwaukee, whom you may recall if you attended the UUMN Musicians Network conference a few years ago. Numerous workshops, a performance by Ragani and her band and a chance to connect with a variety of vendors are available. Registration is \$140. For more information, go to the Women and Religion website at : <http://www.womenandreligion.org/>.



Prairie Unitarian Universalist Society
2010 Whenona Dr.
Madison, WI 53711