

P. O. Box 4037
Madison, Wisconsin

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Oct. 21, 1970

Sunday services at 10:30 a.m. at the YWCA, 31 N. Pinkney St.

October 25 - The Sunday meeting will be at Camp Upham Woods this weekend. Anyone interested in coming up for the service is cordially invited. For directions and dinner reservations (at \$1 per person) call Rachel Siegfried at 271-2173. The service will be at 11:30, rather than the usual time.

FOR EVERYONE WHO IS COMING TO THE UPHAM WOODS WEEKEND: Don't forget to bring some short offering (if you are so inclined) to share with the group: poems, songs, anecdotes, pithy paragraphs, paintings, you name it. The theme of the Sunday morning meeting will be "Simple Gifts", so bring things you want to share with the community: bring your simple gifts.

Don't forget also to do your special thing at the Prairie Dog Talent Show on Saturday night at Upham Woods. This applies especially to children too. They are invited to play an instrument, sing, jump rope, or share their talents with us that night.

November 1 - Sunday morning there will be no formal meeting. There will be religious education classes. There will also be an informal meeting at which time we can all come together over coffee and donuts. This will be an opportunity for people to chat about their ideas of ministry and religious community with Dave Meyer and with Charles Eddis, minister of the Unitarian Church of Evanston, Illinois, and a good friend of Dave's.

On the afternoon of November 1 at 4:00 p.m. there will be an ordination and installation service for Dave Meyer. The service will be held at our old meeting place at Holy Name Seminary. Charles Eddis will speak. Both Max Gaebler and Monsignor Wirz (from Holy Name) will also participate in the service.

TWO DISTINCTIONS: Emotion and emotionalism; Intellectualism and intellectualization.

For much of the time in my life that I can remember, I have been struggling with my emotions. The majority (by far) of that time has been spent trying to feel the "right" things. Everyone knows that love, warmth, concern, etc. are all the good emotions, so I tried to feel those, only those. Only recently have I begun to realize how fruitless such activity is, for I have become increasingly aware of the fact that emotions are something that you feel willy-nilly, whether you want to or not. And further, I am every bit as much involved in feeling my "bad" emotions as my good ones! I've only been suppressing them, forcing them to come out covertly (hidden frequently even from me).

The way I have done this in the past has been primarily through the device of intellectualization. By placing everything into the realm of the intellect, I have been able to disguise my anger and hostilities or my fear and desperation in "rational discourse", in ingenious rationalization, in sometimes brutally aggressive statements which strike out at other people, denying the validity of their feelings and ideas. Many of you may already have seen me do this. I think it is best described as using words, ideas, and facts as clubs to beat people until they believe and feel the "right" thing (in essence, just what I've been doing to myself as well).

I think that what is important here is that emotions not be denied, but rather acknowledged and dealt with constructively. In saying this I think it is extremely important to distinguish between emotion -- our inextinguishable feelings which arise spontaneously and which may either enrich and enliven or disrupt and destroy our lives, depending upon how we deal with them -- and emotionalism -- the denial of our own responsibility and control over our emotions; which denial allows us to act on impulse and irrationality and justify that action as something over which we have no control (i.e., a cop out). In fact, if we are to be truly intellectual, we need to know our emotions, to clarify them, in order that they not creep unacknowledged into our examination of an issue. Otherwise, we are only intellectualizing by allowing hidden and unknown feelings to be expressed in the guise of ideas and rational thought; otherwise we are only exploiting what appears reasonable and rational.

Dave Meyer

UNICEF BOXES

Any young people who would like UNICEF collection boxes may get them from Pat Cautley at the Upham Woods Weekend or pick them up at Magnusons' 870 Waban Hill. Remember to turn in your UNICEF boxes at Sunday School, November 1.

ABORTION COUNSELING

Anyone interested in making contributions to support abortion counseling may send them to:

Women's Counseling Service,
321 N. Brooks,
Madison, Wis.

This is a free counseling service for women seeking information on birth control, abortion, and voluntary sterilization. Funds are spent for a 24 hour telephone answering service and other expenses. The counselors participate on a voluntary basis.

ANNOUNCEMENTS

The circle dinners, the music, and playreading groups will be beginning shortly; we'll be letting people know when and where as soon as dates and places can be arranged and confirmed.

Tuesday, October 20 Mary Lou Diehl entered Madison General Hospital for surgery. She will probably be in the hospital for about a week, after which she will be home for another week or more. Anyone interested in visiting her should probably not do so before Friday.

Several more lectures are scheduled in the series "Revolutionary Challenges to Religious Liberalism" at Meadville Theological School in Chicago. Prof. Richard Sykes, of the Sociology Dept, University of Minnesota will speak on "American Forms of Political Liberalism" on Nov. 4 and on "A Critique of Political Liberalism" on Nov. 5. Both lectures are at 10:00 a.m. with discussions of the topics at 3:30 on the day of each lecture. More details concerning the series are available from Elinor Loucks, 271-6623.